

GUIDELINES FOR PHYSICAL CONTACT

Physical contact during sport should always be intended to meet the child's needs –NOT the adult's.

Adults should use appropriate contact which is aimed at assisting the development of the skill or activity or for safety reasons e.g. to prevent or treat an injury. This should be done in an open environment with the permission and understanding of the participant.

In general:

- Contact should be determined by the age and development stage of the participant – Don't do anything that a child can do for itself.
- Never engage in inappropriate touching such as touching of groin, genital areas, buttocks, breasts or any other part of the body that might cause a child distress or embarrassment.